

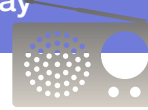


**PLAN**  
Make an



**ACT**  
Pack an

**LISTEN**  
Stay



**BE A PAL  
BE READY  
HURRICANE READY**

**PLAN  
ACT  
LISTEN**

**HOUSEHOLD MEMBERS:**

NAME \_\_\_\_\_  
MEDICATIONS \_\_\_\_\_

NAME \_\_\_\_\_  
MEDICATIONS \_\_\_\_\_

NAME \_\_\_\_\_  
MEDICATIONS \_\_\_\_\_

NAME \_\_\_\_\_  
MEDICATIONS \_\_\_\_\_

NAME \_\_\_\_\_  
MEDICATIONS \_\_\_\_\_

NAME \_\_\_\_\_  
MEDICATIONS \_\_\_\_\_

NAME \_\_\_\_\_  
MEDICATIONS \_\_\_\_\_

**WHERE WE WILL GO IF LEAVING:**

\_\_\_\_\_  
\_\_\_\_\_

**HOW WE WILL GET THERE:**

\_\_\_\_\_  
\_\_\_\_\_

**OUR EMERGENCY KIT IS LOCATED:**

\_\_\_\_\_

**ESSENTIAL MEDICATIONS:**

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**PETS:**

VET \_\_\_\_\_

**INSURANCE DETAILS:**

HEALTH \_\_\_\_\_

POLICY # \_\_\_\_\_

PHONE # \_\_\_\_\_

HOME \_\_\_\_\_

POLICY # \_\_\_\_\_

PHONE # \_\_\_\_\_

CAR \_\_\_\_\_

POLICY # \_\_\_\_\_

PHONE # \_\_\_\_\_

**EMERGENCY CONTACTS:**

POLICE/FIRE/EMS \_\_\_\_\_

DOCTOR \_\_\_\_\_

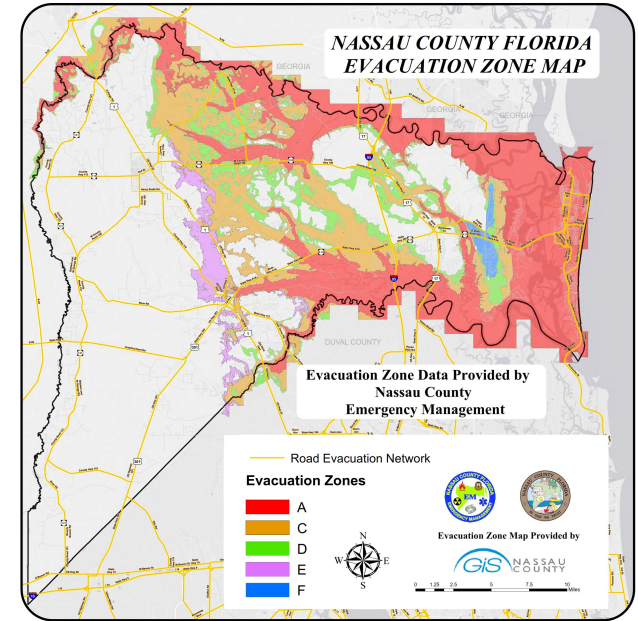
KIDS \_\_\_\_\_

PHARMACY \_\_\_\_\_

CHILDCARE \_\_\_\_\_

WORKPLACE \_\_\_\_\_

FRIENDS/FAMILY \_\_\_\_\_



**Checklist  
Tips  
Resources**



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# Make a Plan

**MAKE A PLAN:** Talk with your family and decide:



- ① How you will contact each other?
- ② Where will you go for safety?
- ③ What will you do during and after the weather has passed.

**MAKE A KIT:** Here is a list of basics.

- WATER
- FOOD
- RADIO
- MOBILE PHONE
- FLASHLIGHT
- FIRST AID KIT
- MATCHES
- CASH
- WHISTLE
- BATTERIES



**Disaster Kit** – Whether you are staying at home or evacuating. Gather your supplies and store them in portable containers.

**Food & Water** – a 3-day supply of foods that need no refrigeration or cooking such as protein bars, dried fruits, nuts, crackers and canned goods; two gallons of drinking water per family member per day.

**First Aid & Medication** – items such as sterile gloves, gauze, soap, pain relievers, antibiotic towelettes, ointment, and bandages to treat minor injuries plus prescription medications and supplies to take care of pre-existing conditions.

# Hurricane Action Plan

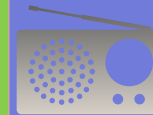


## Be Ready

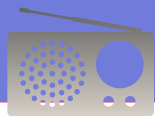
- Make plans to secure your property. Storm shutters and plywood for windows installed also make sure trees and shrubs around your home are well trimmed.
- Stock food items that do not need refrigeration and will last.
- Be sure to replace items like water, food and batteries that go bad over time.
- For Babies – formula, diapers, bottles, powdered milk, medications, baby wipes and diaper rash ointment.
- For Pets – a 3-day supply of food and water, leash, crate, vaccination records, cleaning supplies, ID tags, and current photos in case you are separated.

### If a hurricane is likely, you should:

- Listen to the radio or TV for information.
- Secure your home, close storm shutters and secure outdoor objects or bring them indoors.
- Turn off utilities if instructed to do so. Otherwise, turn the refrigerator thermostat to its coldest setting and keep its doors closed.
- Turn off propane tanks.
- Avoid using the phone, except for serious emergencies.
- Ensure a supply of water for sanitary purposes such as cleaning and flushing toilets. Fill the bathtub and other large containers with water.



# Listen Stay informed



Local television, radio and Weather Radio provide emergency weather information.

**Fernandina Beach Police Department**  
904-277-7342

**Nassau County Sheriff's Office**  
904-225-5174 or 904-548-4009

**Florida Dept. of Health - Nassau County**  
904-875-6100

**FEMA's helpline: 1-800-621-FEMA**

[www.FloridaDisaster.org](http://www.FloridaDisaster.org) [www.fema.gov](http://www.fema.gov)

## Evacuation

- If you are directed by local authorities to do so. Be sure to follow their instructions.
- If you live in a mobile home or temporary structure—such shelters are particularly hazardous during hurricanes no matter how well fastened to the ground.
- If you live on the coast, on a floodplain, near a river, or on an inland waterway.
- If you feel you are in danger.
- If you are unable to evacuate, go to your safe room. If you do not have one, follow these guidelines:
- Stay indoors during the hurricane and away from windows and glass doors.
- Close all interior doors—secure and brace external doors.
- Take refuge in a small interior room, closet, or hallway on the lowest level.
- Lie on the floor under a table or another sturdy object.